

# MYOPIA MANAGEMENT IN YOUR PRACTICE



## MYOPIA IN KIDS

In 2020, 1 in 3 children have myopia.

By 2050, 1 in 2 children expected to have myopia.



## MYOPIA IN THE U.S.

In 2020, 34% of the U.S. population was myopic.

By 2050, 58% is expected to be myopic.

**2X**

## HIGH MYOPIA TO DOUBLE

5% of the world has high myopia, and is slated to go to 10% of the population by 2050 globally.

High myopia is considered anything over -5.00.



## WHY IS MYOPIA GROWING?

More hours focused on near tasks versus far activities.

7 hours a day in near activities

**VS.**

Only 1-2 hours a day in far activities



## DISCUSSING PREVENTATIVE MEASURES WITH PATIENTS

- 1** Early and regular eye exams.
- 2** Set up scheduled limited device time.
- 3** Increase distance activity, such as outdoor activities.
- 4** Participate in the InfantSEE program.

## GET YOUR STARTER KIT TODAY

Is your practice ready to talk about Myopia with your patients?  
Visit [www.walmanoptical.com/myopia](http://www.walmanoptical.com/myopia) to get your starter kit today!